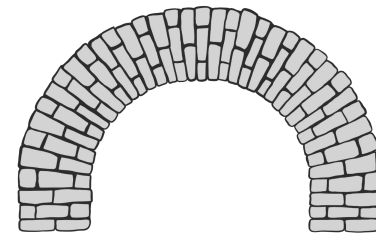


How do you look after your mental health?

#AnxietyArch



What causes you anxiety or stress?

#AnxietyArch

